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HANDOUT



ADAPTIVE LEADERSHIP

Creating Strategies in Times of Disruption

 **STACEY STAATERMAN**
coaching

**The pessimist complains
about the wind.**

The optimist expects it to change.

The leader adjust the sails.

John Maxwell

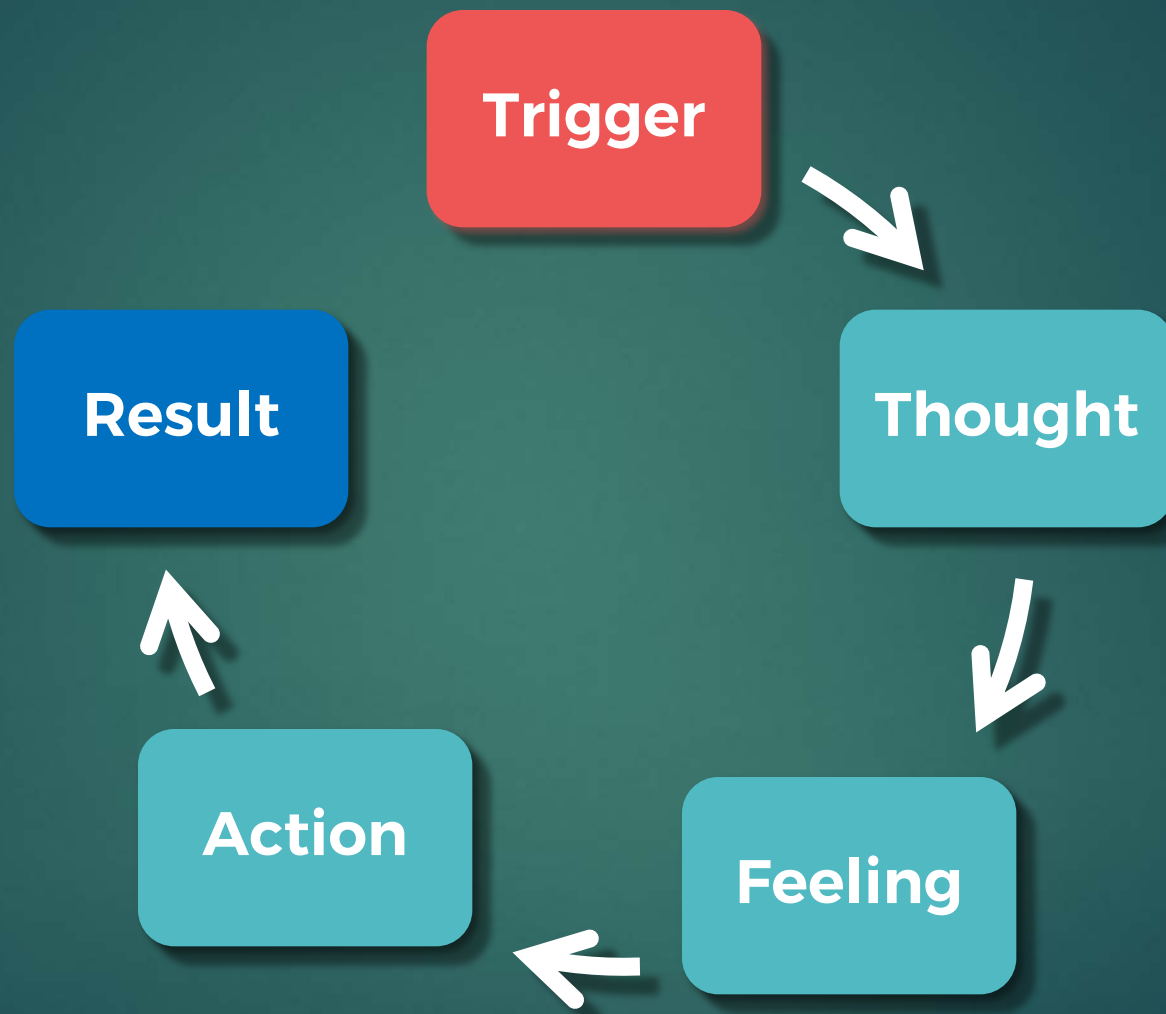
ADAPTIVE LEADERSHIP DRIVERS

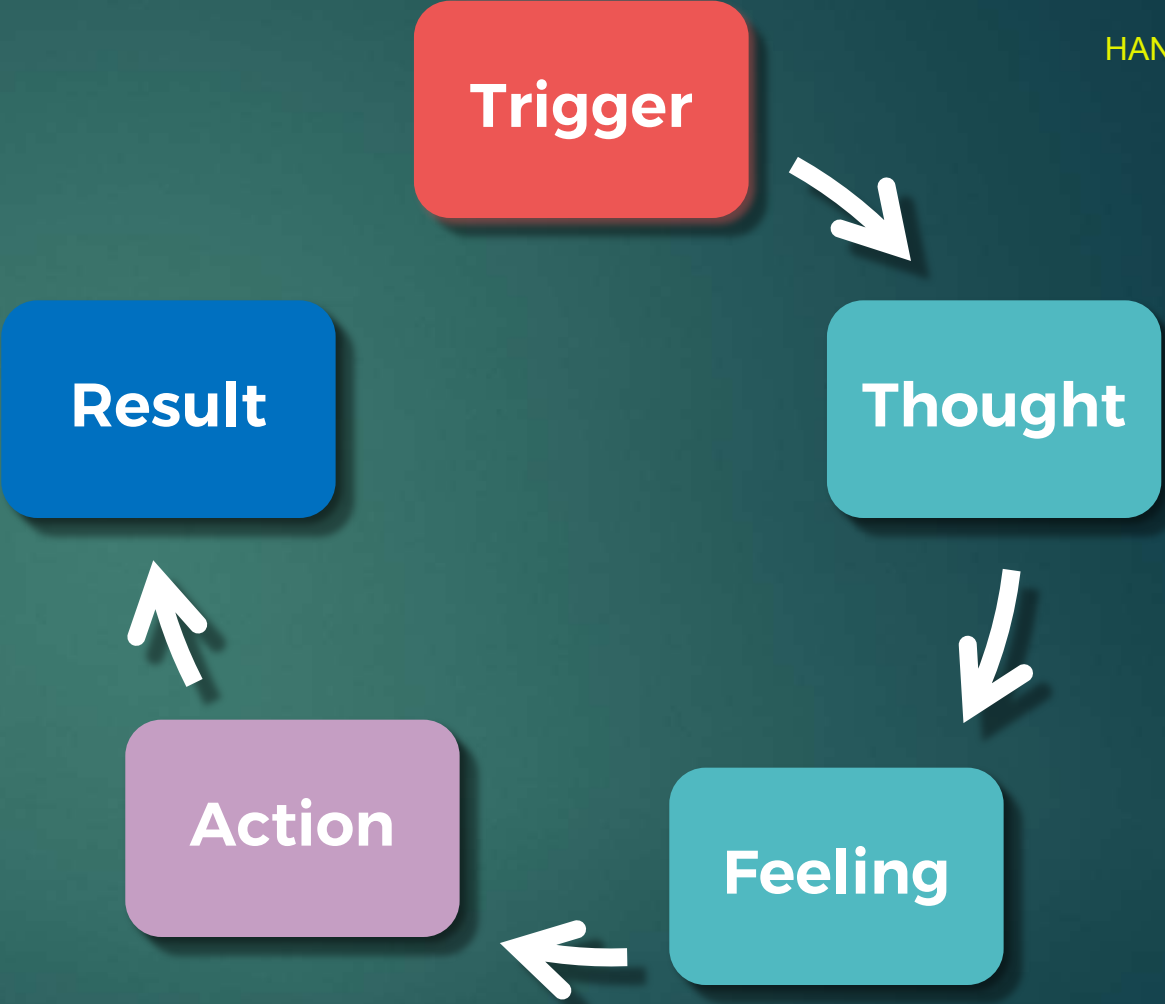
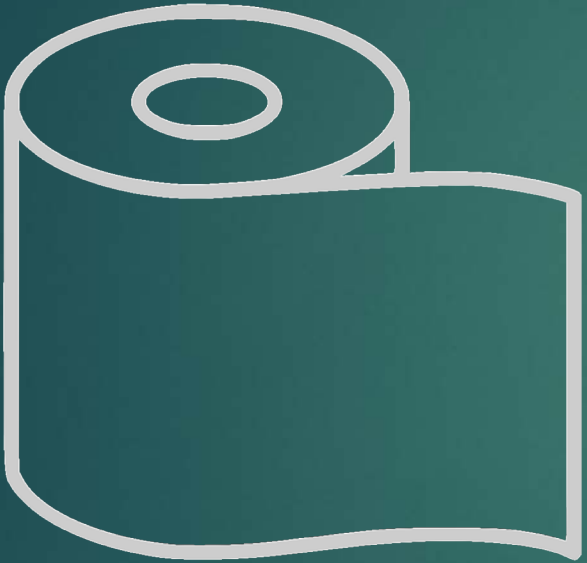
HANDOUT

1. Empathy
2. Connection with others
3. Self Care
4. Kindness
5. Communication
6. Mindful response
7. Clear minded decision making

**“We do not see the
world as it is,
we see it as we are.”**

Anais Nin

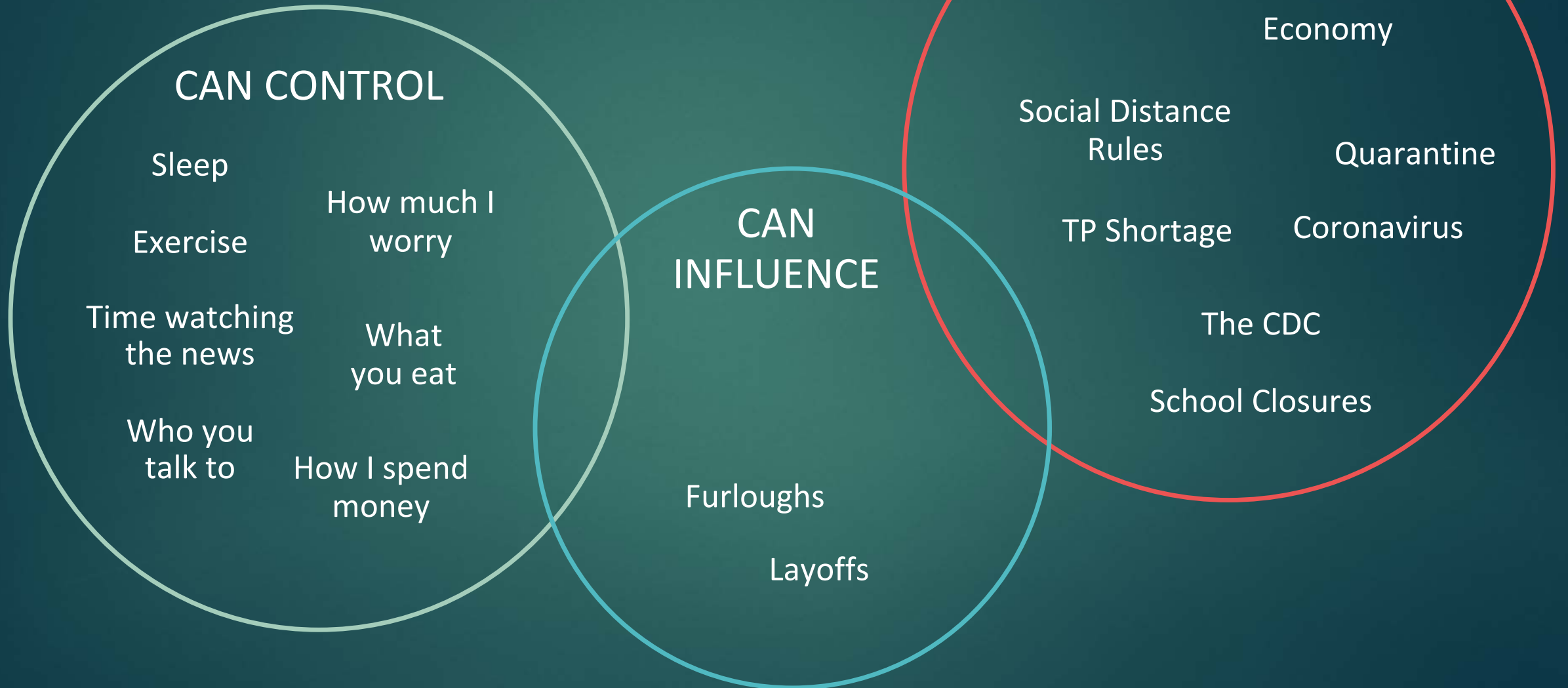




Strengthen Adaptive Mindset

WHAT CAN YOU CONTROL RIGHT NOW

What can you control?



“Leaders must either invest a reasonable amount of time attending to fears and feelings, or squander an unreasonable amount of time trying to manage ineffective and unproductive behavior.”

— Brené Brown

ADAPTIVE LEADERSHIP IS A BEHAVIOR

HANDOUT

1. Assess threats with a clear mind
2. Separate fact from fiction
3. Stay connected to the people
4. Control what you can control
5. Let go of what you can't control
6. Embrace an adaptive thinking — ask what if?

**“Through each crisis in my life,^{HANDOUT}
with acceptance and hope, in a
single defining moment,
I finally gained the courage
to do things differently.”**

Sharon E. Rainey



WEBINAR

**CREATING THE NEW NORMAL:
POWERING A PRODUCTIVE MINDSET
AND PURPOSEFUL ACTIONS**

WITH STACEY STAATERMAN, CERTIFIED PROFESSIONAL COACH

Wednesday, 4/15, 5:00-6:00 p.m.
RSVP at Women's Media Group Website



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